

# Health

## Awareness

# Fair



Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI, and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be mailed to your home address.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

**REGISTER  
TODAY**

**New this year, Spouses are welcome to participate!**

**All Employees that complete the screening will be eligible for a discount on their 2010 Medical Premium.**

**YOU MUST PRE-REGISTER FOR THE FREE SCREENINGS.**

**CALL 888-236-6600 STARTING AUGUST 24th**

**FOR AN APPOINTMENT TIME  
DEADLINE 72 HOURS PRIOR TO EVENT**



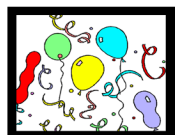
**Cholesterol, HDL  
and  
Glucose**



**Height, Weight,  
Body Mass Index**



**Blood Pressure  
Screening**



**Giveaways  
and  
Drawings**

### WHEN

### LOCATION

### TIME

September 1st

Administration Assembly Room

8-4pm

September 3rd

Courthouse Annex

8-4pm

September 8th

Health District

8-4pm

September 14th

Job & Family Services

8-4pm

September 15th

Engineer's Office

8-4pm

September 17th

Gary L. Kron WWT Plant

8-4pm

September 24th

Sheriff's Department

6-4pm

September 28th

Juvenile Court

8-4pm

October 1st

Administration Assembly Room

8-4pm